

Resilience and Building Learning Power at Carleton Community High School

Building Learning Power is about students and teachers working together to ensure all learning experiences help us practice four key skills: to be **resilient**, **reflective**, **resourceful** and even **reciprocal**. The greatest of these is **RESILIENCE**.

We think **resilience** is one of the most important skills a successful pupil has – so we teach it. Our resilience programme in Year 7 will enable all our pupils to achieve the best grades they can while developing as confident and positive young people. We aim to develop students who can learn and think independently. BLP and resilience skills throughout Carleton will help children develop not just academically, but socially, morally and practically to become more rounded and valuable members of society. We want our students to be able to ‘know what to do when they don’t know what to do.’

- We all need to be challenged to move forward, and our learning time should always challenge each of us to try more, do more, be more – and show real stickability. We learn from failure as well as success – so we need to be brave, **resilient**, and take risks with learning challenges.
- Learning time should be active; there’s no excuse for sitting back and letting learning wash over you! True **resourcefulness** means questioning, imagining, and making links. Learning time at Carleton fosters an enthusiasm for learning in different ways.
- We all need to be **reflective** to know where we are doing well, and need to improve. Every student is involved to get the most out of every opportunity to learn, gathering and using feedback. We all learn best when we enjoy something, or can appreciate where it will lead us; focused reflection motivates us to be able to celebrate successes.
- All staff and students at Carleton are playing their part in BLP with **reciprocity** skills, collaborating as partners to truly allow for independent and interdependent learning. Working together with others allows us to make use of positive relationships in a productive and responsible way.

Building Learning Power with Resilience